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Child Eye Health Counselor Training Programme 2013

Course overview

This course explores concepts, issues and skills related to counseling from a person-centered perspective. Course knowledge and skills are relevant to those working in child eye health care and therefore covers a range of issues from basic counseling skills to eye-care-specific issues in counseling.

Course Objectives

- ✚ Help develop an understanding of what counselling is and how it differs from other types of help and communication
- ✚ Introduce basic counselling elements such as active listening, communication skills, supportive skills, perspective skills, directive skills, working with difference, etc.
- ✚ Recognise and understand different forms of communication, both verbal and non-verbal
- ✚ Explore ethical issues as well as the importance of working within an ethical framework
- ✚ Provide a space for self-exploration and self-development
- ✚ Provide opportunities to practise what is learned through role plays and experiential work

Expected Learning Outcomes

It is anticipated that upon completion of the short course, participants will be able to:

- Participate in discussion reflection and counseling skills practices
- Demonstrate knowledge of the concept counseling as a process
- Demonstrate the role of a counselor from a person-centered perspective
- Apply and evaluate basic communication counseling attitudes and skills

- Become self-aware of motives, values, strengths, and limitations as counselor
- Describe ethical standard and issues related to counseling

Course Outline

- ✓ Introduction to counseling
- ✓ When to do counseling
- ✓ Why counseling?
- ✓ Ethics and counseling, including self-care
- ✓ Counseling approaches and the counseling relationship
- ✓ Basic counseling skills
- ✓ What is expected from counselor's attitude and communication skills?
- ✓ Reasons why patients do not accept surgery
- ✓ Problems encountered during counseling
- ✓ Why we need counselors